

Dental Opioid Guidelines

We convened a multidisciplinary consortium of dentists, periodontists, oral and maxillofacial surgeons, endodontists, and patients to develop ideal opioid prescribing patterns after common dental procedures utilizing a modified Delphi approach. Best prescribing practices are listed for post-operative narcotic naive patients at discharge.

Procedure	Start with this*	If needed, maximum Oxycodone 5 mg pills recommended
Routine Tooth Extractions	Acetaminophen and/or Ibuprofen (NSAIDs)	0
Extractions of impacted teeth including 3rd molars	Acetaminophen and/or Ibuprofen (NSAIDs)	15
Surgical extractions	Acetaminophen and/or Ibuprofen (NSAIDs)	12
Alveoloplasty	Acetaminophen and/or Ibuprofen (NSAIDs)	12
Bone grafting procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	12
Soft tissue procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	0
Gingivectomy	Acetaminophen and/or Ibuprofen (NSAIDs)	0
Flap procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	0
Osseous procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	0
Periodontal bone grafting and regeneration procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	6
Soft tissue grafting procedures	Acetaminophen and/or Ibuprofen (NSAIDs)	10
Implant surgery	Acetaminophen and/or Ibuprofen (NSAIDs)	10
Peri-radicular surgery	Acetaminophen and/or Ibuprofen (NSAIDs)	4
Tooth resection/root amputation	Acetaminophen and/or Ibuprofen (NSAIDs)	0

*Acetaminophen 1g PO 8 hours, Ibuprofen 400mg PO 8 hours (unless contraindicated)